

Walk on the Wildside Menu

Name _____ Tour Date _____

Please select *1 item* out of each of the **3 categories** for your catering package.

Morning Tea

- Fresh daily juice cocktail (GF & V)
- Mango, banana and strawberry smoothie (GF & V)
- Warm ham, cheese and tomato croissant
- Vegetarian and feta frittata (GF & V)
- Fresh fruit salad and honey yoghurt, paleo granola topping (GF, DF & V)

Lunch

Sandwiches

- Wrap or Sandwich
- Pulled Pork w/rocket and cabbage slaw (DF)
- Smoked chicken w/bacon, lettuce and tomato (DF)
- Eggplant, sundried tomato, capsicum, rocket with capsicum spread (V)

Plates

- Napoli pasta w/olives, bacon and feta (GF on request)
- Thai beef salad, rice noodles, mixed vegetables + nam jim dressing (GF & DF)
- Grilled vegetables w/quinoa and plum dressing (V) *Optional + spiced chicken (GF,DF)*

To Finish

- Assorted tea cakes and cookies
- Assorted tea cakes with fresh berries, coconut organic yoghurt
- Selection of cheeses, Brie, Cheddar, Ash goat with Rolada, lavosh and muscatels (GF)
- Dips and crudities with rice crackers (GF& V)
- Fruit plate, passionfruit yoghurt (GF & DF)

Special comments