

Walk on the Wildside Menu

Please select *1 item* out of each of the **3 categories**.

Morning Tea

Fresh daily juice cocktail (GF & V)

Mango, banana and strawberry smoothie (GF & V)

Warm ham, cheese and tomato croissant

Vegetarian and feta frittata (GF & V)

Fresh fruit salad and honey yoghurt, paleo granola topping (GF, DF & V)

Lunch

Sandwiches

Wrap or Sandwich

Pulled Pork w/rocket and cabbage slaw (DF)

Smoked chicken w/bacon, lettuce and tomato (DF)

Eggplant, sundried tomato, capsicum, rocket with capsicum spread (V)

Plates

Napoli pasta w/olives, bacon and feta (GF on request)

Thai beef salad, rice noodles, mixed vegetables + nam jim dressing (GF & DF)

Grilled vegetables w/quinoa and plum dressing (V) *Optional + spiced chicken (GF,DF)*

To Finish

Assorted tea cakes and cookies

Assorted tea cakes with fresh berries, coconut organic yoghurt

Selection of cheeses, Brie, Cheddar, Ash goat with Rolada, lavosh and muscatels (GF)

Dips and crudities with rice crackers (GF& V)

Fruit plate, passionfruit yoghurt (GF & DF)